

## ***MAY MENTAL HEALTH AWARENESS MONTH 2020: Calendar of Events***

<i><b>Date, Time, Location</b></i>	<i><b>Event</b></i>	<i><b>Event Description</b></i>
<p><b><u>Tuesday, May 19, 2020</u></b></p> <p>Time: 1:30 to 2:30 pm ET</p>	<p style="text-align: center;"><b>Maternal Mental Health During the COVID-19 Pandemic</b></p> <p style="text-align: center;">Hosted by the Maternal Mental Health Leadership Alliance, March of Dimes, Postpartum Support International, 2020 MOM, American Psychological Association and the American College of Obstetricians and Gynecologists in conjunction with the Congressional Mental Health Caucus, Black Maternal Health Caucus, and Congressional Caucus on Maternity Care</p>	<p>This briefing will raise awareness about maternal mental health, highlight the disproportionate impact on women of color, and acknowledge specific challenges of being pregnant/giving birth during COVID-19.</p> <p>RSVP here:  <a href="https://docs.google.com/forms/d/e/1FAIpQLScrPsBy6cJoTec3W2146XT16NKLRT-ddEBB61yLwqJ9SqNtIA/viewform">https://docs.google.com/forms/d/e/1FAIpQLScrPsBy6cJoTec3W2146XT16NKLRT-ddEBB61yLwqJ9SqNtIA/viewform</a></p>
<p><b><u>Friday, May 22, 2020</u></b></p> <p>Time: 1:00 to 2:00 pm ET</p>	<p style="text-align: center;"><b>Responding to the Mental Health and Addiction Crisis Caused by the COVID-19 Pandemic</b></p> <p style="text-align: center;">Hosted by the American Psychological Association, National Alliance on Mental Illness, and the National Council for Behavioral Health in conjunction with the Congressional Mental Health Caucus</p>	<p>COVID-19 is overwhelming our nation's health care system, including mental health and addiction services. This briefing will address the current and future state of behavioral health organizations, and patient access to telehealth and treatment.</p> <p>RSVP here:  <a href="https://us02web.zoom.us/meeting/register/tZAofu2vqzIpGtRneZ1wIRPt29B0bhcIST7u">https://us02web.zoom.us/meeting/register/tZAofu2vqzIpGtRneZ1wIRPt29B0bhcIST7u</a></p>
<p><b><u>Thursday, May 28, 2020</u></b></p> <p>Time: 1:00 to 2:00 pm ET</p>	<p style="text-align: center;"><b>The Current State of the Disaster Distress Helpline and the National Suicide Prevention Lifeline</b></p> <p style="text-align: center;">Hosted by the American Foundation for Suicide Prevention in conjunction with the Congressional Mental Health Caucus</p>	<p>This briefing will address the current state of SAMHSA's Disaster Distress Helpline and the National Suicide Prevention Lifeline. Both lines are significant resources for callers in distress.</p> <p>RSVP here:  <a href="https://zoom.us/meeting/register/tJMpfuqqjgEtIqpwnniy-Fu4qc3PPue9XB">https://zoom.us/meeting/register/tJMpfuqqjgEtIqpwnniy-Fu4qc3PPue9XB</a></p>